Developmental Milestones

2 months: Social and Emotional
- Begins to smile at people

Cognitive (learning, thinking, problem-solving)
- Pays attention to faces
- Begins to follow things with eyes and recognize people at a distance
- Begins to act bored (cres, fuss) if activity does not change

Movement/Physical Development
- Can hold head steady and begins to push up when lying on tummy
- Makes smoother movements with arms and legs

4 months: Social and Emotional
- Smiles spontaneously, especially at people
- Likes to play with people and may cry when playing stops
- Copies some movements and facial expressions, like smiling or frowning

Language/Communication
- Begins to babble
- Babbles with expressions and copies sounds
- Cries in different ways to show hunger, pain or being tired

Cognitive (learning, thinking, problem-solving)
- Lets you know if happy or sad
- Responds to affect
- Reaches for toy with one hand
- Uses hands and eyes together, such as seeing a toy and reaching for it
- Follows moving things with eyes from side to side
- Watches faces closely
- Recognizes familiar people and things at a distance

Movement/Physical Development
- Holds head steady, unsupported
- Pushes down on legs when feet are on a hard surface
- May be able to roll over from tummy to back
- Can hold a toy and shake it and swing at dangling toys
- Brings hands to mouth
- When lying on stomach, pushes up to elbows

6 months: Social and Emotional
- Knows familiar faces and begins to know if someone is a stranger
- Likes to play with others, especially parents
- Responds to other people’s emotions and often seems happy
- Likes to look at self in mirror

Language/Communication
- Responds to sounds by making sounds
- Strings vowels together when babbling (“ah,” “ah,” “oh”) and likes taking turns with parent while making sounds
- Responds to own name
- Makes sounds to show joy and displeasure
- Begins to say consonant sounds (babbling with “m,” “b”)

Cognitive (learning, thinking, problem-solving)
- Watches the path of something as it falls
- Looks for things he sees you hide
- Plays peek-a-boo
- Finds hidden things easily
- Looks at the right picture or thing when it’s named
- Picks things up like cereal or a between thumb and index finger

Movement/Physical Development
- Rolls over in both directions (front to back, back to front)
- Begins to sit without support
- When standing, supports weight on legs and might tip
- Rocks back and forth, sometimes crawling backward before moving forward

9 months: Social and Emotional
- May be afraid of strangers
- May be clingy with familiar adults
- Has favorite toys

Language/Communication
- Understands “no”
- Makes a lot of different sounds like “mamamama” and “bababababa”
- Copies sounds and gestures of others
- Uses fingers to point at things

Cognitive (learning, thinking, problem-solving)
- Watches the path of something as it falls
- Looks for things he sees you hide
- Plays peek-a-boo
- Finds hidden things easily
- Looks at the right picture or thing when it’s named
- Picks things up like cereal or a between thumb and index finger

Movement/Physical Development
- Stands, holding on
- Can get into sitting position solids
- Rolls over in both directions (front to back, back to front)
- Begins to sit without support
- When standing, supports weight on legs and might tip
- Rocks back and forth, sometimes crawling backward before moving forward
- Points to show someone what he wants

Cognitive (learning, thinking, problem-solving)
- Knows what ordinary things are for; for example, drinks from a cup, brushes hair
- Bangs two things together
- Plays in different ways, like playing in a doll
- Makes sounds with changes in tone or sounds more like speech
- Says “mama” and “dada” and exclamations like “uh-oh!”
- May cry to caregivers in new situations
- Points to show others something interesting
- Explores alone but with parent close by

1 year: Social and Emotional
- Likes to hand things to others as play
- May have temper tantrums
- May be afraid of strangers
- Shows affection to familiar people
- Plays simple pretend, such as feeding a doll
- May cling to caregivers in new situations

Language/Communication
- Responds to simple spoken requests
- Uses simple gestures, like shaking head “no” or waving “bye-bye”
- Makes sounds with changes in tone or sounds more like speech
- Says “mama” and “dada” and exclamations like “uh-oh!”
- May cry to caregivers in new situations
- Points to show others something interesting
- Explores alone but with parent close by

Cognitive (learning, thinking, problem-solving)
- Explores things in different ways, like playing in a doll
- Makes sounds with changes in tone or sounds more like speech
- Says “mama” and “dada” and exclamations like “uh-oh!”
- Points to show someone what he wants

Movement/Physical Development
- Gats to a sitting position without help
- Pulls up to stand, walks holding on to furniture ("cruising")
- May take a few steps without holding on
- May stand alone

18 months: Social and Emotional
- Likes to hand things to others as play
- May have temper tantrums
- May be afraid of strangers
- Shows affection to familiar people
- Plays simple pretend, such as feeding a doll
- MAY cling to caregivers in new situations
- Points to show others something interesting
- Explores alone but with parent close by

Language/Communication
- Says several single words
- Says and asks for “mom” and “dada”
- Points to show someone what he wants

Cognitive (learning, thinking, problem-solving)
- Knows what ordinary things are for; for example, drinks from a cup, brushes hair
- Bangs two things together
- Plays in different ways, like playing in a doll
- Makes sounds with changes in tone or sounds more like speech
- Says “mama” and “dada” and exclamations like “uh-oh!”
- Points to show others something interesting
- Explores alone but with parent close by

Movement/Physical Development
- Walks alone
- May walk up steps and run
Developmental Milestones

2 months: Social and Emotional
• Begins to smile at people
• Can briefly calm self (may bring hands to mouth and suck on hand)
• Trios to look at parent

Language/Communication
• Coos, makes gurgling sounds
• Turns head toward sounds

Cognitive (learning, thinking, problem-solving)
• Pays attention to faces
• Begins to follow things with eyes

Movement/Physical Development
• Can hold head up and begins to push up when lying on tummy
• Makes smoother movements with arms and legs

4 months:
Social and Emotional
• Smiles spontaneously, especially at people
• Likes to play with people and might cry when playing stops
• Copies some movements and facial expressions, like smiling or frowning

Language/Communication
• Babbles with expression and copies sounds

Cognitive (learning, thinking, problem-solving)
• Let’s you know if happy or sad
• Responds to affect
• Makes sounds to show joy and displeasure

Movement/Physical Development
• Holds head steady, unsupported
• Pushes down on legs when feet are on a hard surface
• May be able to roll over from tummy to back
• Can hold a toy and shake it and swing at dangling toys
• Brings hands to mouth
• When lying on stomach, pushes up to elbows

6 months:
Social and Emotional
• Knows familiar faces and begins to know if someone is a stranger
• Likes to play with others, especially parents
• Responds to other people’s emotions and often seems happy
• Liks to look at self in mirror

Language/Communication
• Responds to sounds by making sounds
• Strings vowels together when babbling (“ah,” “oh,” “oh”) and likes taking turns with parent while making sounds
• Responds to own name
• Makes sounds to show joy and displeasure
• Begins to say consonant sounds (babbling with “m,” “b”)

Cognitive (learning, thinking, problem-solving)
• Watches the path of something as it falls
• Looks for things he sees you hide
• Plays peek-a-boo
• Finds hidden things easily
• Looks at the right picture or thing when it’s named
• Picks up things like cereal or between thumb and index finger

Movement/Physical Development
• Rolls over in both directions (front to back, back to front)
• Begins to sit without support
• When standing, supports weight on legs and might stagger
• Rocks back and forth, sometimes crawling backward before moving forward

9 months:
Social and Emotional
• May be afraid of strangers
• May be clingy with familiar adults
• Has favorite toys

Language/Communication
• Understands “no”
• Makes a lot of different sounds like “mamamama” and “bababababa”
• Copies sounds and gestures of others
• Uses fingers to point at things

Cognitive (learning, thinking, problem-solving)
• Explores things in different ways, like shaking, biting or playing with them
• Copies gestures
• Starts to use things correctly, for example, drinks from a cup, brushes hair
• Runs, two things together
• Plays in a container, takes things out of a container
• Lets things go without help
• Points to show someone what he wants

Movement/Physical Development
• Stands, holding on
• Can get into sitting position
• Pulls up to stand

Social and Emotional
• Is shy or nervous with strangers
• Cries when mom or dad leaves
• Has favorite things and people
• Shows fear in some situations
• Hand you a book to hear a story
• Responds to requests
• May cling to caregivers in new situations
• Points to show others something interesting
• Solos alone but with parent close by

Language/Communication
• Says several single words
• Says and shakes head “no”
• Points to show someone what he wants

Cognitive (learning, thinking, problem-solving)
• Knows what ordinary things are for; for example, drinks fr
• Points to the attention of others
• Shows interest in any new animal by pretending to feed
• Points to the body part
• Can scribble
• Can follow 1-step verbal commands without any gestures; for example, sit down

Movement/Physical Development
• Walks alone
• May walk up steps and run

Developmental Milestones

2 months: Social and Emotional
• Begins to smile at people
• Can briefly calm self (may bring hands to mouth and suck on hand)
• Trios to look at parent

Language/Communication
• Coos, makes gurgling sounds
• Turns head toward sounds

Cognitive (learning, thinking, problem-solving)
• Pays attention to faces
• Begins to follow things with eyes

Movement/Physical Development
• Can hold head up and begins to push up when lying on tummy
• Makes smoother movements with arms and legs

4 months:
Social and Emotional
• Smiles spontaneously, especially at people
• Likes to play with people and might cry when playing stops
• Copies some movements and facial expressions, like smiling or frowning

Language/Communication
• Babbles with expression and copies sounds

Cognitive (learning, thinking, problem-solving)
• Let’s you know if happy or sad
• Responds to affect
• Makes sounds to show joy and displeasure
• Begins to say consonant sounds (babbling with “m,” “b”)

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• Watches the path of something as it falls
• Looks for things he sees you hide
• Plays peek-a-boo
• Finds hidden things easily
• Looks at the right picture or thing when it’s named
• Picks up things like cereal or between thumb and index finger

Movement/Physical Development
• Rolls over in both directions (front to back, back to front)
• Begins to sit without support
• When standing, supports weight on legs and might stagger
• Rocks back and forth, sometimes crawling backward before moving forward

9 months:
Social and Emotional
• May be afraid of strangers
• May be clingy with familiar adults
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Language/Communication
• Understands “no”
• Makes a lot of different sounds like “mamamama” and “bababababa”
• Copies sounds and gestures of others
• Uses fingers to point at things

Cognitive (learning, thinking, problem-solving)
• Explores things in different ways, like shaking, biting or playing with them
• Copies gestures
• Starts to use things correctly, for example, drinks from a cup, brushes hair
• Runs, two things together
• Plays in a container, takes things out of a container
• Lets things go without help
• Points to show someone what he wants

Movement/Physical Development
• Stands, holding on
• Can get into sitting position
• Pulls up to stand

Social and Emotional
• Is shy or nervous with strangers
• Cries when mom or dad leaves
• Has favorite things and people
• Shows fear in some situations
• Hand you a book to hear a story
• Responds to requests
• May cling to caregivers in new situations
• Points to show others something interesting
• Solos alone but with parent close by

Language/Communication
• Says several single words
• Says and shakes head “no”
• Points to show someone what he wants

Cognitive (learning, thinking, problem-solving)
• Knows what ordinary things are for; for example, drinks fr
• Points to the attention of others
• Shows interest in any new animal by pretending to feed
• Points to the body part
• Can scribble
• Can follow 1-step verbal commands without any gestures; for example, sit down

Movement/Physical Development
• Walks alone
• May walk up steps and run
2 months: Social and Emotional
• Begins to smile at people
• Can briefly calm self (may bring hands to mouth and suck on hand)
• Tries to look at parent

Language/Communication
• Copying sounds
• Turns head toward sounds

Cognitive (learning, thinking, problem-solving)
• Pays attention to faces
• Begins to follow things with eyes and recognize people at a distance
• Begins to act bored (cres, fuss) if activity does not change

Movement/Physical Development
• Can hold head up and begins to push up when lying on tummy
• Makes smoother movements with arms and legs

4 months: Social and Emotional
• Smiles spontaneously, especially at people
• Likes to play with people and cry when playing stops
• Copies some movements and facial expressions, like smiling or frowning

Language/Communication
• Babbles with expressive and copies sounds
• Cries in different ways to show hunger, pain or being tired

Cognitive (learning, thinking, problem-solving)
• Lets you know if happy or sad
• Responds to attention
• Reaches for toy with one hand
• Uses hands and eyes together, such as seeing a toy and reaching for it
• Follows moving things with eyes from side to side
• Watches faces closely
• Recognizes familiar people and things at a distance

Movement/Physical Development
• Holds head steady, unsupported
• Pushes down on legs when feet are on a hard surface
• May be able to roll over from tummy to back
• Can hold a toy and shake it and swing at dangling toys
• Brings hands to mouth
• When lying on stomach, pushes up to elbows

6 months: Social and Emotional
• Knows familiar faces and begins to know if someone is a stranger
• Likes to play with others, especially parents
• Responds to other people’s emotions and often seems happy
• Likes to look at self in mirror

Language/Communication
• Responds to sounds by making sounds
• Strings vowels together when babbling (“ah,” “oh,” “uh”) and likes taking turns with parent while making sounds
• Responds to own name
• Makes sounds to show joy and displeasure
• Begins to say consonant sounds (babbling with “m,” “b”)

Cognitive (learning, thinking, problem-solving)
• Looks around at things nearby
• Brings things to mouth
• Shows curiosity about things and tries to get things that are out of reach
• Begins to pass things from one hand to the other

Movement/Physical Development
• Rolls over in both directions (front to back, back to front)
• Begins to sit without support
• When standing, supports weight on legs and might stagger
• Rocks back and forth, sometimes crawling backwards while moving forward

9 months: Social and Emotional
• May be afraid of strangers
• May be clingy with familiar adults
• Has favorite toys

Language/Communication
• Understands “no”
• Makes a lot of different sounds like “mamamama” and “bababababa”
• Copies sounds and gestures of others
• Uses fingers to point at things

Cognitive (learning, thinking, problem-solving)
• Watches the path of something as it falls
• Looks for things he sees you hide
• Plays peek-a-boo
• Finds hidden things easily
• Looks at the right picture when thing is “bigger”
• Picks up things like cereal or between thumb and index finger

Movement/Physical Development
• Starts to use things correctly for example, drinks from a cup, brushes hair
• Bangs two things together
• Picks things in a container, takes things out of a container
• Lets things go without help
• Pokes with index (pointer) finger
• Follows simple directions like “pick up the toy”

Social and Emotional
• Is shy or nervous with strangers
• Cries when mom or dad leaves
• Has favorite toys and people
• Shows fear in some situations
• Hands you a book to hear a story
• Begins to point to one body part
• Points to show someone what is in a doll or stuffed animal
• Points to one body part
• Can scribble
• Can follow 1-step verbal commands without any gestures; for example, sits when you say “sit down”

Movement/Physical Development
• Stands, holding on
• Can get into sitting position
• Sits without support
• Pulls to stand

1 year: Language/Communication
• Responds to simple spoken requests
• Uses simple gestures, like shaking head “no” or waving “bye-bye”
• Makes sounds with changes in tone (sounds more like speech)
• Says “mama” and “dada” and exclamations like “uh-oh!”
• Tries to say words you say

Cognitive (learning, thinking, problem-solving)
• Explores things in different ways, like playing with small objects
• Begins to understand some simple requests
• Uses gestures to communicate
• Starts to use things correctly for example, drinks from a cup, brushes hair
• Bangs two things together
• Picks things in a container, takes things out of a container
• Lets things go without help
• Pokes with index (pointer) finger
• Follows simple directions like “pick up the toy”

Movement/Physical Development
• Gets to a sitting position without help
• Pulls up to stand, walks holding on to furniture (“cruising”)
• May take a few steps without holding on
• May stand alone

18 months: Social and Emotional
• Likes to hand things to others as play
• May have temper tantrums
• May be afraid of strangers
• Shows affection to familiar people
• Plays simply pretend, such as feeding a doll
• May cling to caregivers in new situations
• Points to show others something interesting
• Explores alone but with parent close by

Language/Communication
• Says several single words
• Says and shakes head “no”
• Points to show someone what he wants

Cognitive (learning, thinking, problem-solving)
• Knows what ordinary things are for; for example, telephone, brush, spoon
• Points to get the attention of others
• Shows interest in a doll or stuffed animal by pretending to feed
• Points to one body part
• Can scribble
• Can follow 1-step verbal commands without any gestures; for example, sits when you say “sit down”

Movement/Physical Development
• Walks alone
• May walk up steps and run
## Developmental Milestones

### 2 years old

**Social and Emotional**
- Copies others, especially adults and older children
- Gets excited when with other children
- Shows more and more independence
- Shows defiant behavior (doing what he has been told not to)
- Plays mainly beside other children, but is beginning to include other children, such as in chase games

**Language/Communication**
- Sings songs or says a poem from memory such as the “I Spy”
- Tells stories
- Can say first and last name

**Movement/Physical Development**
- Can draw a person with at least 6 geometric shapes
- Can do a somersault
- May be able to skip
- Uses scissors
- Tells you what may happen next

### 3 years

**Social and Emotional**
- Shows concern and sympathy for others
- Is aware of gender
- Can tell what’s real and what’s make-believe
- Shows more independence (for example, may visit a next-door neighbor by himself [adult supervision is still needed])
- Is sometimes demanding and sometimes very cooperative

**Language/Communication**
- Speaks very clearly
- Tells a simple story using full sentences
- Uses future tense, for example, “Grandma will be here.”
- Says name and address

**Cognitive (learning, thinking, problem-solving)**
- Names some colors and some numbers
- Understands the idea of counting
- Starts to understand time
- Remembers parts of a story
- Understands the idea of “same” and “different”
- Draws a person with 2 to 4 body parts
- Uses scissors
- Starts to copy some capital letters
- Plays board or card games
- Tells you what may happen next in a book

**Movement/Physical Development**
- Pours, eats with supervision, and mashes own food
- Stands on one foot for 2 seconds or longer
- Hops, may be able to skip
- Can do a somersault
- Uses a fork and spoon and sometimes a table knife
- Can use the toilet on her own
- Swings and climbs

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### 4 years

**Social and Emotional**
- Sometimes very cooperative
- Sometimes very cooperative

**Language/Communication**
- Speaks very clearly
- Tells a simple story using full sentences
- Uses future tense, for example, “Grandma will be here.”
- Says name and address

**Cognitive (learning, thinking, problem-solving)**
- Counts 10 or more things
- Can draw a person with at least 6 body parts
- Can print some letters or numbers
- Copies a triangle and other geometric shapes
- Knows about things used every day, like money and food

**Movement/Physical Development**
- Stands on one foot for 2 seconds or longer
- Hops, may be able to skip
- Can do a somersault
- Uses a fork and spoon and sometimes a table knife
- Can use the toilet on her own
- Swings and climbs

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### 5 years

**Social and Emotional**
- Wants to please friends
- Wants to be like friends
- More likely to agree with rules
- Likes to sing, dance, and act
- Shows concern and sympathy for others

**Language/Communication**
- Knows some basic rules of grammar, such as correctly using “he” and “she”
- Sings a song or says a poem from memory such as the “Itsy Bitsy Spider” or the “Wheels on the Bus”
- Tells stories
- Can say first and last name

**Cognitive (learning, thinking, problem-solving)**
- Names some colors and some numbers
- Understands the idea of counting
- Starts to understand time
- Remembers parts of a story
- Understands the idea of “same” and “different”
- Draws a person with 2 to 4 body parts
- Uses scissors
- Starts to copy some capital letters
- Plays board or card games
- Tells you what may happen next in a book

**Movement/Physical Development**
- Pours, eats with supervision, and mashes own food
- Stands on one foot for 2 seconds or longer
- Hops, may be able to skip
- Can do a somersault
- Uses a fork and spoon and sometimes a table knife
- Can use the toilet on her own
- Swings and climbs

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**Movement/Physical Development**
- Stands on one foot for 2 seconds or longer
- Hops, may be able to skip
- Can do a somersault
- Uses a fork and spoon and sometimes a table knife
- Can use the toilet on her own
- Swings and climbs

Retrieved directly from www.cdc.gov
Developmental Milestones

2 years old

Social and Emotional

- Copies others, especially adults and older children
- Gets excited when with other children
- Shows more and more independence
- Shows defant behavior (doing what he has been told not to"
- Plays mainly beside other children, but is beginning to include other children, such as in chase games

Language/Communication

- Points to things or pictures when they are named
- Knows names of familiar people and body parts
- Says sentences with 2 to 4 words
- Follows simple instructions
- Repeats words overheard in conversation
- Points to things in a book

Cognitive (learning, thinking, problem-solving)

- Finds things even when hidden under two or three covers
- Begins to sort shapes and colors
- Completes sentences and rhymes in familiar books
- Plays simple make-believe games
- Builds towers of 4 or more blocks
- Might use one hand more than the other
- Follows two-step instructions such as, "Pick up your shoes and put them in the closet."
- Names items in a picture book such as a cat, bird, or dog

Movement/Physical Development

- Stands on tip toe
- Kicks a ball
- Begins to run
- Climbs onto and down from furniture without help
- Walks up and down stairs holding on
- Throws ball overhand
- Makes or copies straight lines and circles

3 years

Social and Emotional

- Copies adults and friends
- Shows affection for friends without prompting
- Takes turns in games
- Shows concern for crying friend
- Understands the idea of "mine" and "yours"
- Shows a wide range of emotions
- Separates easily from mom and dad
- May get upset with major changes in routine
- Dresses and undresses self

Language/Communication

- Copies a circle with pencil or crayon
- Turns book pages one at a time
- Builds towers of more than 6 blocks
- Screws and unscrews jar lids or turns door handle

Movement/Physical Development

- Climbs well
- Runs easily
- Pedals a tricycle (3-wheel bike)
- Walks up and down stairs, one foot on each step

4 years

Social and Emotional

- Enjoys doing new things
- Plays "Mom" and "Dad"
- Is more and more creative with make-believe play
- Understands words like "in," "on," and "under"
- Says first name, age, and sex
- Names a friend
- Says words like "I," "me," "we," and "yours" and some plurals (cars, dogs, cats)
- Talks well enough for strangers to understand most of the time
- Carries on a conversation using 2 to 3 sentences

Cognitive (learning, thinking, problem-solving)

- Can work toys with buttons, levers, and moving parts
- Plays make-believe with dolls, animals, and people
- Does puzzles with 3 or 4 pieces
- Understands what "two" means
- Copies a circle with pencil or crayon
- Turns book pages one at a time
- Builds towers of more than 6 blocks
- Screws and unscrews jar lids or turns door handle

Movement/Physical Development

- Climbs well
- Runs easily
- Pedals a tricycle (3-wheel bike)
- Walks up and down stairs, one foot on each step
- Understands the idea of counting
- Starts to understand time
- Remembers parts of a story
- Understands the idea of "same" and "different"
- Draws a person with 2 to 4 body parts
- Uses scissors
- Starts to copy some capital letters
- Plays board or card games
- Tells you what may happen next in a book

5 years

Social and Emotional

- Says first name, age, sex
- Names a friend
- Says words like "I," "me," "we," and "yours" and some plurals (cars, dogs, cats)
- Talks well enough for strangers to understand most of the time
- Carries on a conversation using 2 to 3 sentences

Language/Communication

- Knows some basic rules of grammar, such as correctly using "he" and "she".
- Sings a song or says a poem from memory such as the "Itsy Bitsy Spider" or the "Wheels on the Bus"
- Tells stones
- Can say first and last name

Cognitive (learning, thinking, problem-solving)

- Names colors and some numbers
- Understands the idea of counting
- Starts to understand time
- Remembers parts of a story
- Understands the idea of "same" and "different"
- Draws a person with 2 to 4 body parts
- Uses scissors
- Starts to copy some capital letters
- Plays board or card games
- Tells you what may happen next in a book

Movement/Physical Development

- Climbs well
- Runs easily
- Pedals a tricycle (3-wheel bike)
- Walks up and down stairs, one foot on each step
- Understands the idea of counting
- Starts to understand time
- Remembers parts of a story
- Understands the idea of "same" and "different"
- Draws a person with 2 to 4 body parts
- Uses scissors
- Starts to copy some capital letters
- Plays board or card games
- Tells you what may happen next in a book

4 years

Social and Emotional

- Enjoying doing new things
- Plays "Mom" and "Dad"
- Is more and more creative with make-believe play
- Would rather play with other children than by self
- Cooperates with other children
- Often can't tell what's real and what's make-believe
- Talks about likes and interests

Movement/Physical Development

- Stands on one foot for 2 seconds or longer
- Hoops, may be able to skip
- Can do a somersault
- Uses a fork and spoon and sometimes a table knife
- Can use the toilet on her own
- Swings and climbs

5 years

Social and Emotional

- Wants to please friends
- Wants to be like friends
- More likely to agree with rules
- Likes to sing, dance and act
- Shows concern and sympathy for others
- Is aware of gender
- Can tell what's real and what's make-believe
- Shows more independence (for example, may visit a next-door neighbor by himself/adult supervision is still needed)
- Is sometimes demanding and sometimes very cooperative

Language/Communication

- Speaks very clearly
- Tells a simple story using full sentences
- Uses future tense, for example, "Grandma will be her..."
- Says name and address

Cognitive (learning, thinking, problem-solving)

- Counts 10 or more things
- Can draw a person with at least 6 body parts
- Can print some letters or numbers
- Copies a triangle and other geometric shapes
- Knows about things used every day, like money and food

Movement/Physical Development

- Stands on one foot for 2 seconds or longer
- Hoops, may be able to skip
- Can do a somersault
- Uses a fork and spoon and sometimes a table knife
- Can use the toilet on her own
- Swings and climbs

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### Developmental Milestones

- **2 years old**
  - Social and Emotional
    - Copies others, especially adults and older children
    - Gets excited when with other children
    - Shows more and more independence
    - Shows defiant behavior (doing what he has been told not to)
  - Language/Communication
    - Plays mainly beside other children, but is beginning to include other children, such as in chase games
    - Points to things in a book
    - Points to things or pictures when they are named
    - Knows names of familiar people and body parts
    - Says sentences with 2 to 4 words
  - Movement/Physical Development
    - Does puzzles with 3 or 4 pieces
    - Understands the idea of “same” and “different”
    - Understands the idea of counting numbers
    - Understands the idea of “mine” and “yours” and some plurals (cats, dogs, cats)
    - Tells stories
    - Can print some letters or numbers

### Developmental Milestones

- **3 years old**
  - Social and Emotional
    - Plays “Mom” and “Dad”
    - Enjoys doing new things
    - Sometimes demanding and sometimes very cooperative
  - Language/Communication
    - Understands the idea of counting
    - Starts to copy some capital letters
    - Sometimes will agree with rules
    - Sometimes will disagree with rules
  - Movement/Physical Development
    - Counts 10 or more things
    - Can draw a person with at least 6 body parts
    - Can print some letters or numbers
    - Copies a triangle and other geometric shapes

### Developmental Milestones

- **4 years old**
  - Social and Emotional
    - Shows independence (for example, may visit a next-door neighbor by himself)
    - Cooperates with other children
    - Uses scissors
    - Knows about things used every day
  - Language/Communication
    - Starts to understand time
    - Expresses desire for friends
    - Knows some simple rules of grammar, such as correctly using “he” and “she”
    - Knows about things used every day
  - Movement/Physical Development
    - Stands on one foot for 2 seconds or longer
    - Uses a fork and spoon
    - Can use the toilet on her own
    - Draws a person with 2 to 4 body parts

### Developmental Milestones

- **5 years old**
  - Social and Emotional
    - Pours, cuts with supervision, and mashes own food
    - Shows concern for others
    - Shows concern and sympathy for others
  - Language/Communication
    - Understands words like “in,” “on,” and “under”
    - Knows about things used every day
    - Shows concern and sympathy for others
  - Movement/Physical Development
    - Can help undress
    - Pulls toys while walking
    - Can help undress herself
    - Drinks from a cup
    - Eats with a spoon
    - Can make-believe play

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