



Take control of your
DIABETES.

For Life



North Baldwin Infirmary
INFIRMARY HEALTH

Diabetes Education

Learn about...

- **Diabetes and its risks**
- **Healthy eating and exercise**
- **Preventing complications**
- **Managing medications**
- **Monitoring your blood sugar**

North Baldwin Infirmary
Diabetes Education and Prevention Center
1815 Hand Avenue, Bay Minette, AL 36507

For more information or to register, call or email:

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