Prior to entering facility, members will be asked a set of questions based on CDC guidelines:
1. Have you been in close contact with anyone that has tested positive for COVID-19?
2. Are you experiencing cough, shortness of breath or sore throat?
3. Have you had a fever in the last 48 hours?

Temperatures checked at entrance

Upon entering through front entrance, members are required to sanitize hands

Members will be encouraged to wear a mask while in the facility but doing so is not required

Greeter at the front desk clicking people in to the facility until max capacity
Also clicking people when they leave

Members asked to adhere to a 45 minute workout

All members requested to wipe down equipment after use
Staff will also wipe down equipment

Temporary suspension of the following:
- Classes (including pool classes)
- Personal training
- Towels

Temporary closure of following areas:
- Common/lobby areas
- Sauna
- Hot tub
- Kid zone
- Water fountains
- Locker areas (bathrooms and sinks open for use)

Markers placed in high traffic areas for social distancing

Track & Equipment
- Decals on track every 6 feet
- Equipment repositioned to be 6 feet apart

Adjusted hours: Monday - Friday: 5 a.m. - 7 p.m.
Saturday: 8 a.m. - Noon
Sunday: Closed

QUESTIONS?
ProHealth: 251-435-2010
Thomas: 251-279-1684
North Baldwin: 251-937-9099