



INFIRMARY  
— HEALTH —

More devoted to *your* life.

# Breast Surgery at Thomas Hospital

**Thomas Hospital offers comprehensive, patient-centered care, providing exceptional treatment to patients across the Gulf Coast.**



# Comprehensive Breast Surgery Expertise

- ◆ Breast-Conserving Surgery (Lumpectomy): Prioritizing excellent oncologic outcomes with optimal cosmetic results
- ◆ Mastectomy Options: Including skin-sparing and nipple-sparing techniques for the best reconstructive outcomes
- ◆ Oncoplastic Surgery: Combining cancer removal with advanced plastic surgery techniques to improve aesthetics
- ◆ Axillary Surgery: Sentinel lymph node biopsy and axillary lymph node dissection
- ◆ Risk-Reducing Surgery: For high-risk patients, including prophylactic mastectomy options
- ◆ Reconstruction Collaboration: Working closely with plastic surgeons offering:
  - Implant-based reconstruction
  - Autologous reconstruction, including DIEP flaps

# Our Additional Services

HIGH-RISK ASSESSMENT

GENETIC TESTING AND COUNSELING

COLD CAP THERAPY

# Multidisciplinary, Personalized Approach

## Comprehensive Tumor Board

- Our Comprehensive Tumor Board reviews each case in detail to ensure that you are getting the best care possible.
- This board is made up of medical oncologists, radiation oncologists, plastic surgeons, pathologists, and radiologists.
- It is our belief that every patient benefits from expert input.

**Accredited by the  
Commission on Cancer and the  
National Accreditation Program  
for Breast Centers, we offer  
comprehensive, patient-centered  
care at every stage of the cancer  
journey.**

**Infirmary Cancer Care, a  
partner of UAB O'Neal  
Cancer Center, provides  
nationally recognized,  
multidisciplinary cancer  
treatment with a focus on  
prevention, early detection,  
diagnosis, and recovery.**



**Infirmary Cancer Care**  
INFIRMARY HEALTH

AFFILIATE OF  
**UAB MEDICINE.**  
O'Neal Cancer Center

# Dedicated Patient Navigators



When you choose Infirmary Cancer Care,  
you will work with a personal navigator who will guide you through the treatment process.



# How will your navigator help you?

- ◆ Make informed decisions regarding your care
- ◆ Provide emotional and problem-solving support
- ◆ Manage appointment dates and times
- ◆ Communicate with your physician's office
- ◆ Secure directions, lodging, meals, medications, and transportation
- ◆ Navigate the healthcare system
- ◆ Serve as an advocate on your behalf with other providers

# Preparing for Surgery

- An individual from the pre-admission testing department will call you to schedule your pre-admission testing appointment.
- Expect to be asked about your health history, medication, etc.



# Day of Surgery



Enter the Main Entrance of Thomas Hospital and check in at the registration desk

Your family members will be asked to wait in the waiting room during the surgery

# Recovery in 3 North at Thomas Hospital



Expect 1-3-night stay, based on physician recommendations

# What to expect during your stay...

A DEDICATED BREAST SURGERY STAFF

CERTIFIED MEDICAL SURGERY NURSES

EXCELLENT NURSE AND NURSING  
ASSISTANT TO PATIENT RATIO

PROVEN TEAMWORK BETWEEN NURSING  
TEAM AND PHYSICIANS

**Thank you for choosing  
Thomas Hospital to have  
your breast surgery!**